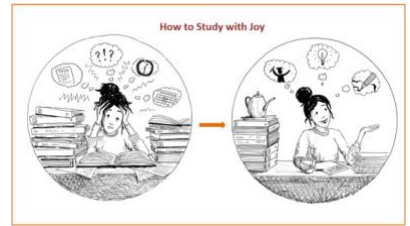


HOW TO STUDY EFFICIENTLY



- The slides are the most important. Then required readings.
- It is very beneficial if you **keep up with the course**. A lot of the material is new and will need some reflection time to sink in. Moreover, material taught later builds on material covered earlier.
- Thus, spending a bit of time every week will mean (i) you will absorb and understand the material spending less hours than when you try to catch up at a later date, (ii) you'll enjoy the lectures more since you understand more, and (iii) it may also lead to less stress.
- **MAKE SURE TO MAKE GOOD NOTES.** Revision before the exam will be easier.
- Come to classes prepared, having studied course material and the assignment.
- **BE AN ACTIVE LEARNER BY DOING THE FOLLOWING:**
 - Don't just go over the material line by line and be happy when you can follow the argument. Put all the material away and see whether you can rebuild the whole argument from scratch. On the exam (and in real life) you will be expected to do more than having memorized stuff.
 - Summarise to your boy/girlfriend, younger sibling, grandparents, stranger on the tube, and/or an imaginary friend what you have just learned.
 - Study with other students and challenge each other.
 - When you get lost, do NOT try to find more literature online or in the library. The struggle to figure things out yourself is part of studying effectively.

IF YOU NEED HELP

